

KA LEO 'O LINEKONA

The Voice of Lincoln

February 2014

PRESIDENT ABRAHAM LINCOLN SCHOOL
615 Auwaiolimu Street, Honolulu, HI 96813
Phone Number: 587-4480 Fax Number: 587-4487
<http://les.lincoln.k12.hi.us/>

Mr. Shannon Goo, Principal
Mr. Matthew Dillon, Vice Principal

THEME FOR MARCH

GLO 2: Be a Community Contributor

CHANGING THE GAME



Our next session of *Changing the Game* will be on Wednesday, March 5, 2014, **from 5:30 – 7:00 p.m. at Stevenson Middle School (Portable 1)**. Lincoln Elementary School, Stevenson Middle School, and Roosevelt High School are co-sponsoring parenting classes. If you are interested in attending these parenting classes, please RSVP with Principal Goo at Shannon_Goo@notes.k12.hi.us. Light refreshments will be served. If you have any questions, please feel free to call the office at 587-4480.



Shamrock Shuffle Technology Fundraiser



The Lincoln Media News Team is hosting a Shamrock Shuffle, a walk-a-thon, to help raise money to purchase new technology. Please help our school fundraise for a good cause, while spreading the excitement of one of Lincoln's initiatives, FITNESS!

The Shamrock Shuffle will take place on Friday, March 28, during the school day. - All students are encouraged to participate in this fun and healthy walk-a-thon. Each class will walk around a "track" for 10 minutes. (Track, yet to be determined, but it will be on campus.) Each time a student completes a lap he or she will get a ticket. Students can redeem their tickets for snacks and refreshments at the Shamrock Shuffle. In celebration of St. Patrick's Day and the coming of spring students are welcome to wear green!

Please help us reach our goal of \$5000 to help expand our technology resources! Gone are the days of using a computer to just check the weather or email. Our students use technology to connect with information, research topics, produce multi-media pieces, and share projects. In order to help our students keep pace with the 21st century, we need to constantly upgrade and build on our current resources. If every family donates \$15-\$20 we will come close to our goal but, any amount that you can donate will be appreciated. To help motivate students, the four classes (two from K-2 and two from 3rd-5th) that raise the most money will have a party that features a fruit salad bar and computer game time!

Keep an eye out for the Shamrock Shuffle donation envelopes that will be going out before Spring Break. With your support we can reach our goal of updating our technology while promoting healthy fitness. Thank you!



OPERATION SEARCH 2014

If your child is having trouble learning, s/he does not have to face it alone! Operation Search 2014 can help. If your child has difficulty learning, speaking, moving or getting along with others, there are skilled professionals who can help. Operation Search helps identify children with disabilities ages 3 to 20. If you think your child may benefit from specially designed instruction, please call the school and/or Operation Search Statewide at 203-5566 or 1-800-297-2070. Honolulu residents may call 733-4977. Inquiries regarding children 3 years of age and younger may be directed to the Hawaii Keiki Information Service System (H-KISS) at 594-0066.



KINDERGARTEN REGISTRATION FOR SY 2014 - 2015

Kindergarten registration for the SY 2014 - 2015 started on February 1, 2014.

Children who will be 5 years old on or before **July 31, 2014**, may enroll in kindergarten. Early registration helps the school plan for this important step in your child's education. If your child is of age, you will need the following forms to register him/her for Kindergarten:

1. Completed School Registration Form (available at the school's office)
2. Birth Certificate or Passport
3. Proof of Residential Address (i.e. rental agreement, mortgage, a current utility bill)
4. Form 14, *Student's Health Record*, from your doctor with current year TB testing, physical exam and immunizations
5. Letter Size Self-Addressed Stamped Envelope

If you have any questions, please feel free to call or stop by the office.



CROSSING GUARD NEEDED!



Lincoln School has no crossing guard at this time. We ask all parents to review traffic safety rules and laws with their children. Please make sure that your children are supervised adequately if they walk to and/or from school. If you or anyone you know is interested in applying to be Lincoln's crossing guard, contact HPD's Career Center – 723-7788.

The salary is \$10.55 per hour (maximum of 2 hours/day).
The hours are as follows:

7:15-8:15 a.m. and 2:15-3:15 p.m. Mondays, Tuesdays, Thursdays & Fridays
7:15-8:15 a.m. and 12:30-1:30 p.m. Wednesdays



Our school is always looking for parent and community volunteers. If you are interested in helping in the cafeteria, office, library, classroom or for special events, please call the school office directly at 587-4480.



HELP RAISE MONEY FOR OUR STUDENTS THE EASY WAY!

****Safeway eScrip:** Help Lincoln School raise money by selecting our group when you shop at Safeway. **Our code is #142384459.** You can register this number on the web at www.escrip.com. Then each time you shop, a percentage of what you spend gets credited to Lincoln School. If you have already signed-up, you will need to renew your designation to Lincoln School. Members should have received a renewal card with the eScrip magazine via the mail. You can renew in three ways: (1) Drop the postcard in your magazine in the mail; (2) Call 1-800-801-4973; or (3) Visit www.escrip.com and click on "Yes! Renew."

****Box Tops for Education:** Help earn cash for Lincoln School by clipping Box Tops on hundreds of your favorite products. Each Box Top is worth 10 cents to our school. Some bonus Box Tops are worth 50 cents and some certificates are worth \$1.00 to our school. Turn in your clipped Box Tops to your child's homeroom teacher or the office. We mail in the Box Tops and Lincoln School then receives money for each Box Top submitted. Please visit www.boxtops4education.com for more information on products and how to earn money for Lincoln School. All money earned will be used to support school and classroom activities.

Campbell's Labels for Education: Help earn merchandise for Lincoln School by clipping UPC labels and caps on some of your favorite Campbell's, Swanson's, and Pepperidge Farm products. Some UPC labels are worth 1 point and some are worth 5 points. All points collected translate into merchandise Lincoln School can select from Campbell's catalog. Such merchandise includes: classroom accessories, art supplies, computers/software, library, math, science, music and PE materials. Turn in your clipped UPC labels and caps to your child's homeroom teacher or the office. Please visit www.labelsforeducation.com for more information on eligible products and how to clip UPC labels.

Mahalo for your support!

SCHOOL MEAL PRICES FOR THE MONTH

****Reduced Price Meals (For those students that are qualified only)****

Breakfast (\$0.30) & Lunch (\$0.40) = \$0.70 per day						
Cost Per Week	Monday	Tuesday	Wednesday	Thursday	Friday	Total
1	\$0.70	\$0.70	\$0.70	\$0.70	\$0.70	\$3.50
2	\$0.70	\$0.70	\$0.70	\$0.70	\$0.70	\$3.50
3	\$0.70	\$0.70	\$0.70	\$0.70	\$0.70	\$3.50
4	\$0.70	\$0.70	\$0.70	\$0.70	\$0.70	\$3.50
Grand Total					Per Month:	\$14.00

Lunch (\$0.40) Only = \$0.40 per day						
Cost Per Week	Monday	Tuesday	Wednesday	Thursday	Friday	Total
1	\$0.40	\$0.40	\$0.40	\$0.40	\$0.40	\$2.00
2	\$0.40	\$0.40	\$0.40	\$0.40	\$0.40	\$2.00
3	\$0.40	\$0.40	\$0.40	\$0.40	\$0.40	\$2.00
4	\$0.40	\$0.40	\$0.40	\$0.40	\$0.40	\$2.00
Grand Total					Per Month:	\$8.00

****Full Price Meals (For all other students)****

Breakfast (\$1.00) & Lunch (\$2.25) = \$3.25 per day						
Cost Per Week	Monday	Tuesday	Wednesday	Thursday	Friday	Total
1	\$3.25	\$3.25	\$3.25	\$3.25	\$3.25	\$16.25
2	\$3.25	\$3.25	\$3.25	\$3.25	\$3.25	\$16.25
3	\$3.25	\$3.25	\$3.25	\$3.25	\$3.25	\$16.25
4	\$3.25	\$3.25	\$3.25	\$3.25	\$3.25	\$16.25
Grand Total					Per Month:	\$65.00

Lunch (\$2.25) Only = \$2.25 per day						
Cost Per Week	Monday	Tuesday	Wednesday	Thursday	Friday	Total
1	\$2.25	\$2.25	\$2.25	\$2.25	\$2.25	\$11.25
2	\$2.25	\$2.25	\$2.25	\$2.25	\$2.25	\$11.25
3	\$2.25	\$2.25	\$2.25	\$2.25	\$2.25	\$11.25
4	\$2.25	\$2.25	\$2.25	\$2.25	\$2.25	\$11.25
Grand Total					Per Month:	\$45.00

BREAKFAST AND LUNCH LOANS

In an effort to be in compliance with the Department of Education’s revised meal loan practice, Lincoln School will not make unlimited meal loans to students who do not have funds in the *Meal Tracker* accounts.

The maximum meal loan amount is as follows:

For students eligible for free meals	No loan
For students eligible for reduced price meals	\$2.00 maximum
For students who pay the regular student price for meals	\$11.25 maximum

If there are no funds in your child’s *Meal Tracker* account and the meal loan maximum has been reached, you should provide your child with breakfast at home and send your child to school with a home lunch.

The school’s guidelines are reflected in the parent handbook regarding recommended deposits and loan balances. Please review the recommended School Meal Prices for the Month chart.

Any parent having difficulty paying a loan should have their child eat breakfast at home and send her/his child to school with home lunch until the loan can be paid in full.

NEGATIVE MEAL TRACKER BALANCE STATEMENTS

Parents/Guardians should be aware that Negative & Low Balance Meal Time Statements are sent home with their child every Tuesdays & Thursdays. If your child continues to have a negative balance in his/her *Meal Tracker* Account, Lincoln School’s Office will notify you immediately. Please settle your child’s loan by the next school day to avoid administrative action. Your cooperation in this matter is truly appreciated!

MEAL TRACKER DEPOSITS:



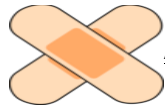
Parents or students may make deposits into their *Meal Tracker* accounts via cash or check (payable to Lincoln School) by dropping off payments in the *Meal Tracker* Deposit Box at the office between 7:30 a.m. - 4:00 p.m. daily. Payment envelopes and deposit slips are available on the office counter.

Parents who submit a bounced check will be charged a \$25.00 fee. Once the fee and the amount of the bounced check are paid in full, the office will then accept checks from those parents. However, the office will only accept cash from those parents as long as the fee and the amount of bounced check are unpaid.

Parents who send their children to school with deposits should direct them to the office. They should not give their payments to their homeroom teachers, because the teachers will not be responsible for making their students’ deposits.

Upon receipt, deposits will be processed and the money will be available for use by your child 24 hours after the deposit date. Cash is not accepted on the line in the cafeteria during breakfast and lunch service.

Please refer to the Parent/Family Handbook in your child’s Communication Folder for more information.



PREVENTIONS FROM CATCHING COLDS AND FLU

While it's not possible to shield your kids completely from catching a cold and flu especially if they attend daycare or school, you can teach them healthy habits to boost their immune systems and decrease their chances of picking up an infection. Follow these tips for how to get your kids into healthy habits to prevent colds and flu (and protect others when they themselves are sick):

1. Get them into the hand washing habit. Almost 22 million school days are missed due to the common cold alone, according to the Centers for Disease Control and Prevention. Studies have shown that hand washing can reduce absenteeism from infectious illness among school-aged kids. Hand washing is one of the most effective ways of preventing the spread of common school kid illnesses such as cold, flu, pinkeye, and more. Since children spend so much time together in close quarters during the school year, it's a good idea to make sure hand washing becomes something they do automatically, as a matter of habit. Teach your child to wash his hands often, especially before eating, after blowing his nose, and after using the bathroom.
2. Teach them how to wash their hands properly. Getting your child to go to the sink won't matter if she merely splashes her hands in the water for a second and calls it done. She should wash properly for at least 30 seconds with soap and water. Simple soap will do -- you don't need antibacterial products (in fact, studies have shown that antibacterial soaps are not any more effective at killing germs than regular soap, and health experts have expressed concern that increasing use of antibacterial products may in fact be giving rise to antibiotic-resistant bacteria).
3. Show them how to cough and sneeze properly. Cold and flu viruses can become airborne on droplets of saliva when someone sneezes or coughs. Teach your child to cover a sneeze or a cough with a tissue or with the inside of her elbow. A recent study showed that most people cover their sneezes, but do so with their hands (a bad habit that can spread illness to others).
4. Tell them to avoid touching their eyes. If your child touches something that someone with a cold has touched and then touches his/her eyes or mouth, the cold virus can enter his/her body through those points. Infections such as conjunctivitis (pink eye) can also be transmitted through touching eyes after touching an object that has been handled by someone with that infection.
5. Encourage them not to share utensils and cups with friends. Kids naturally love to share (well, sometimes...especially when it's not a favorite toy), but it's not a good idea to share eating utensils with friends, especially during cold and flu season. But viruses and bacteria are easily transmitted through saliva, so this is one type of sharing that you should teach your child to avoid.

UPCOMING HAWAII STATE ASSESSMENT (HSA) SCHEDULE FOR GRADES 3 & 4

Students in grades 3 - 5 will begin taking the Hawaii State Assessment (HSA) online. Students will begin testing during the dates and times scheduled below.

Date	Time	HSA Assessment
Monday, April 14	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Language Arts
Tuesday, April 15	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Language Arts
Wednesday, April 16	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Language Arts
Tuesday, April 22	8:30 – 11:30 a.m.	Grade 5 (Rooms 4 & 5): TBD
Wednesday, April 23	8:30 – 11:30 a.m.	Grade 5 (Rooms 4 & 5): TBD
Thursday, April 24	8:30 – 11:30 a.m.	Grade 5 (Rooms 4 & 5): TBD
Friday, April 25	8:30 – 11:30 a.m.	Grade 5 (Rooms 4 & 5): TBD
Monday, April 28	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Language Arts
Tuesday, May 6	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Math
Wednesday, May 7	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Math
Friday, May 9	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Math
Wednesday, May 14	8:30 – 11:30 a.m.	Grade 3 (Rooms 17 & 19): Math

We encourage everyone to do their best, as everyone's score impacts our school. The following tips can help insure a job well done:

- ❖ Get a good night of sleep before coming to school;
- ❖ Have a healthy breakfast;
- ❖ Get enough exercise;
- ❖ Come to school on time; and
- ❖ Practice skills that you have learned with your teachers.

Parents can best help their children prepare for the Hawaii State Reading, Mathematics, and Science (for fourth grade) Assessments by providing the consistent day-to-day support that will help their children do well in school every day. Such supports include adequate sleep, a nourishing breakfast, completed homework, and daily attendance. The Hawaii State Reading and Mathematics Assessments help determine how well students are meeting the comprehensive reading and mathematics standards.

HSA Preparation Websites:

- <http://www.alohahsa.org>
- www.kidbiz3000.com Each student was given a Username and Password. If you need assistance, please contact your child's teacher.

Important Dates to Remember...



<p>Wednesday, March 5, 2014 Changing the Game Parenting Class 5:30 – 7:30 p.m. Stevenson Middle School – PB1</p>	<p>Friday, March 7, 2014 Field Trip – Pre-School Sea Life Park 8:00 a.m. – 1:30 p.m. <u>Please remind your child to wear covered shoes.</u></p> <p>Field Trip – Grade 2 Roosevelt High School – Biology Session 8:05 a.m. – 12:30 p.m. <u>Please remind your child to wear covered shoes.</u></p>
<p>Wednesday, March 12, 2014 Field Trip – Grade 4 WCC – Science Lab 8:15 a.m. – 12:15 p.m. <u>Please remind your child to wear covered shoes.</u></p>	<p>Friday, March 14, 2014 Field Trip – Grade 2 Kewalo Basin Reef Walk 8:15 a.m. – 1:00 p.m. <u>Please refer to your child’s homeroom teacher’s field trip information.</u></p> <p>Hawaii Schools FCU Children’s Savings Project Deposit Day Outside of Office 2:15 – 3:00 p.m.</p>
<p>Monday, March 17 – Friday, March 21, 2014 Spring Break No School</p>	<p>Wednesday, March 26, 2014 Prince Kuhio Day Holiday No School</p>
<p>Friday, March 28, 2014 Technology Fundraiser Fun Walk / Run</p>	<p>Tuesday, April 1, 2014 Amazing Food Detective Performance (School Assembly) 8:45 a.m.</p>
<p>Wednesday, April 2, 2014 Field Trip – Grade 1 Honolulu Theatre for Youth (HTY) 8:30 – 10:30 a.m. <u>Please remind your child to wear covered shoes.</u></p> <p>Changing the Game Parenting Class 5:30 – 7:30 p.m. Stevenson Middle School – PB1</p>	<p>Friday, April 4, 2014 Third Quarter Awards Assembly Cafetorium 8:45 a.m.</p>
<p>Friday, April 11, 2014 JPO Field Day Student Council General Election Cafetorium 1:20 p.m.</p> <p>Hawaii Schools FCU Children’s Savings Project Deposit Day Outside of Office 2:15 – 3:00 p.m.</p>	<p>Wednesday, April 16, 2014 Field Trip – Kindergarten Honolulu Theatre for Youth (HTY) 9:00 a.m. <u>Please remind your child to wear covered shoes.</u></p>
<p>Thursday, April 17, 2014 Ma’ema’e Invitational Track Meet</p>	<p>Friday, April 18, 2014 Good Friday Holiday No School</p>
<p>Friday, May 2, 2014 May Day Program</p>	<p>Wednesday, May 7, 2014 Changing the Game Parenting Class 5:30 – 7:30 p.m. Stevenson Middle School – PB1</p>
<p>Friday, May 9, 2014 Hawaii Schools FCU Children’s Savings Project Deposit Day Outside of Office 2:15 – 3:00 p.m.</p>	<p>Tuesday, May 13, 2014 Reading is Fundamental (RIF) Grades K-3 Classrooms (8:30 - 10:30 a.m.)</p>
<p>Friday, May 23, 2014 Grade 5 Graduation</p>	<p>Monday, May 26, 2014 Memorial Day Holiday No School</p>
<p>Thursday, May 29, 2014 Third Quarter Awards Assembly Cafetorium 8:45 a.m.</p>	<p>Thursday, May 29, 2014 Last Day of School for Students</p>

BREAKFAST AND LUNCH AT SCHOOL
From Mrs. Lum, Cafeteria Manager

Hello Everyone!

Through the Fresh Fruit and Vegetable program your children had the opportunity to try different types of fruits and veggies. We served various kinds of apples (Braeburn, Kiku, Gala, Golden Delicious, Ambrosia), Citrus (Blood and Cara Cara oranges, Delite, Yosemite, and Page Tangerines), Strawberries, Apple Bananas, Asparagus, Cauliflower and Sugar Snap peas. Right now, I'm looking to see what I can bring in during March.

March is also time for Spring Break! It would be a great time to take your children to the market with you and they can show you what they have been sampling at school. You can also pick up some healthy snacks from the produce section.

Have a fun and safe spring break!

Mahalo for your support!

If you're child has any fruit and/or vegetable allergies, please inform the school's office or health room immediately. Please don't hesitate to call me if you have any questions or have connections with any local farmers who you would like to feature their produce in this program. My direct number is 587-4486.

**Friendly Reminder: Please do not park in our loading dock area near the red rubbish dumpsters. This space needs to remain clear due to our incoming delivery trucks and the refuse truck that empties our dumpsters. Please kokua so our vendors can make their deliveries on a timely manner. Mahalo!

March 2014
Lincoln Elementary School Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Juice, WW Pancake	4. Banana, Cereal, Toast	5. Diced Pears, Mini Pancakes	6. Peaches. Cinnamon Snack Waffle	7. Applesauce, Muffin, Pork Sausage Patty
Chicken Sandwich Oven Fries *Lettuce & Tomato *Juice	Soft Taco Potato Rounds Pineapple *Spinach-Romaine Salad	Cheese Pizza Garden Salad *Baby Carrots *Banana	Tuna Sandwich Potato Rounds *Mixed Fruit *Green Salad	Breaded Pork Chop Patty Whipped Potatoes Muffin *Spinach-Romaine Salad *Apple Wedges
10. Juice, Pepperoni Pizza Stick	11. Mixed Fruit, Cereal, Muffin	12. Pineapple, Yogurt, Toast	13. Juice, Rice, Turkey Links	14. Applesauce, Pancake on a Stick, Toast
Corn Dog Potato Smiles *Baked Beans *Pears	Chicken Wrap Broccoli Garden Greens w/ Tomato *Orange	Fish Nuggets Rice Fruit Juice *Vegetable Sticks *Broccoli *Muffin	Roast Chicken on Cabbage Rice *Three Bean Salad *Roll *Pineapple Chunks	Sloppy Joe Sweet Potato Rounds *Spinach-Romaine Salad *Apple Wedges
17.	18.	19.	20.	21.
SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL
24. Juice, Breakfast Burrito, Toast	25. Applesauce, Cinnamon Snack Waffle	26.	27. Pineapple Chunks, French Toast	28. Banana, Cereal, Yogurt
Chicken Nuggets on Shredded Cabbage Rice *Juice *Tossed Greens	Tuna Sandwich Sweet Potato Rounds *Rainbow Salad w/ Tomato *Pineapple & Mandarin Orange	KUHIO DAY HOLIDAY NO SCHOOL	Pig in the Blanket Potato Rounds *Baked Beans *Apple Wedges	Roast Turkey Whipped Potatoes Roll *Fresh Broccoli & Baby Carrots w/ Dip *Peaches
31. Juice, Poultry Patty, Rice				
Nachos Fruit Juice *Garden Salad *Cornbread				

Menu Subject to Change

**Offered items*

Milk Included with each Meal

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